

INVITATION

You are hereby cordially invited to attend an introductory day on neurodevelopment supportive care (NDSC) of the preterm infant, presented by the North-West University.

This course aims to provide healthcare professionals working with preterm infants with information on the care model, known as neurodevelopmental supportive care. It highlights the most relevant areas of the care model in a practical way that allows participants to apply these best practices in their own working environment.

KEY COMPETENCIES AFTER COURSE COMPLETION (and course outcomes)

The course will provide you with knowledge and evidence regarding the care approach that aims to decrease the stress of the preterm infant in NICU and expose you to techniques in the management of preterm infants in an environment supportive of development during a critical developmental period.

After this course students will be able to:

- Demonstrate knowledge with regard to neurodevelopment supportive care of the preterm infant.
- Apply critical thinking skills by solving problems within the Little Steps neurodevelopmental supportive care approach.
- Provide feedback on problem solutions within an ethical acceptable framework.

WHO SHOULD ATTEND

- All healthcare professionals
- NICU, high care and KMC nurses and doctors
- Childbirth educators
- Midwives
- Baby clinic staff
- Dieticians
- Psychologists
- Physiotherapists
- Occupational therapists
- Speech-language therapists and audiologist
- Final year undergraduate students
- Postgraduate or sub-category professionals working in a maternity or newborn environment

ENTRY REQUIREMENTS

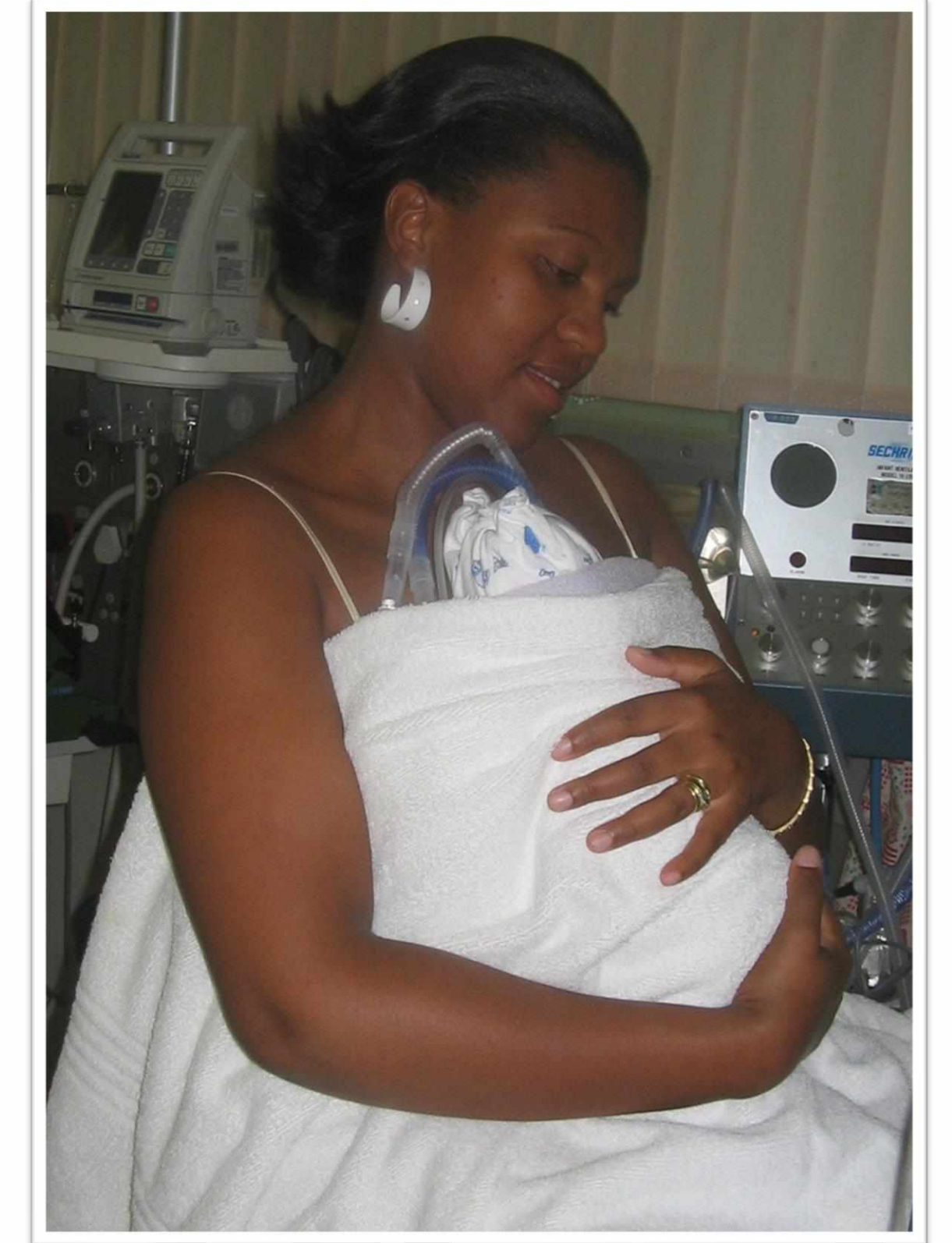
Qualifications or experience including:

- Basic degree in a healthcare profession
- Senior students in any healthcare profession training
- Healthcare professional aids
- Booking is essential
- **Payment must be settled prior** to scheduled training

ASSESSMENT AND CERTIFICATION

Delegates will receive an attendance CPD certificate from the NWU accredited with the South African Medical Association (SAMA).

2020



COURSE OUTLINE (2020)

- Fetal development
- Neurosocial behavior of the newborn infant
- Disorganised behavior in the preterm infant
- Introduction to management strategies to support optimal neurodevelopment (positioning, handling, KMC, etc)
- Parents of the preterm infant in hospital and going home
- Developmental supportive preterm infant feeding

DURATION: 4 consecutive days **TIME:** 08h00-16h00

VENUES: To be confirmed

THE PRESENTER(S)

Prof Welma Lubbe (PhD) is an advanced midwife, neonatal nurse and nurse educator who currently holds a position as associate professor, short course manager and Midwifery subject head at the School of Nursing Science at the North-West University, founder of Little Steps[®] and a specialist on neurodevelopment supportive care in South Africa.

Mrs Annelie van der Westhuyzen is a speech-language therapist who holds a masters degree in bio-ethics and health law titled: The use of pacifiers for non-nutritive sucking in South African neonatal intensive care units: ethical considerations. She works with preterm infants in hospital, has 15 years clinical experience, holds a part-time position with the University of Stellenbosch, Speech pathology department and is based in Cape Town.

Me Elise Lecuona is an occupational therapist who holds a masters degree titled: Sensory integration intervention and the development of the extremely low to very low birth weight premature infant. She is in private practice in Cape Town and have 20 years experience in her field of practice.

COST

Refer to the attached registration form

Include:

Course notes and refreshment. **Light lunch provided**

CPD certification on successful completion of assessment

Courses may be cancelled if minimum number of registrations are not reached.

In-house training is available on request. Contact Welma.lubbe@nwu.ac.za or annelie@littlesteps.co.za

ENQUIRIES

E-mail: Welma.lubbe@nwu.ac.za | annelie@littlesteps.co.za